



Post-Operative Guide: Sedation

Instructions following Oral Sedation or IV Sedation:

1. A responsible adult must remain with the patient until the day after surgery AND the effects of anesthesia are gone.

Your driver MUST STAY at the office if the reserved appointment is 2hrs or less.
Your driver will have to sign you in and sign you out.

2. The patient MUST NOT drive a vehicle or operate any machinery for 24 hours following the anesthesia experience or while taking prescription strength narcotic medications.

3. Post-operative nausea and vomiting is rare, but may occur. It's important for patients to advance their diet slowly after surgery. After getting home, patients are asked to remove any gauze that was placed over the surgical site to control bleeding. Do not spit or rinse. Start with small amounts of clear liquids, Jell-O, or Gatorade. Clear sodas like ginger ale or 7-Up diluted with a little bit of water are also acceptable. If patients do not have nausea or vomiting after 15 to 20 minutes, they may advance to full liquids like ice cream, milkshakes or Lukewarm soup's. Since there will usually be numbness of the lips, tongue and mouth, avoid hot temperatures.

4. If the patient has postoperative nausea or vomiting or any questions concerning their anesthesia, do not hesitate to call the office!

In the case of an emergency, you can reach the doctors on their cell phones:

Dr. John Thousand Cell: 303-250-4091

Dr. Michael Romani Cell: 559-300-9953

Dr. Hailey McKinley Cell: 812-661-0931

Dr. Jessica Koster Cell: 214-608-8046